Varietal Mead Comparison

Susan Ruud/Gordon Strong 2010 AHA NHC

The Great Honey Experiment

- 6 varietal honeys
- Same base recipe
- Same yeast
- Same fermentation temperatures
- Same original gravity
- Same final gravity
- Same total acidity
- The purpose of this was to try to determine the different aromas and flavors that are unique to each individual honey.

Base Recipe

- 18 lbs varietal honey
- 3.5 gallons reverse osmosis water
- 1 tsp Fermaid-K
- 2 tsp diammonium phosphate (DAP)
- 6 grams Potassium Carbonate (K2CO3)
- 2 packets (10 gr) Lalvin Narbonne 71B-1122 dry yeast rehydrated in 110⁰ spring water with GO-FERM-4.5 tsp 15 minutes before pitching.
- Staggered nutrient additions were used every 24 hours.
- Fermented 62-64 degrees

Varietal Honeys

- Basswood Northern Brewer/The Bee Folks
- Mesquite Trader Joes
- Orange Blossom Local apiary that takes their bees to California for the winter.
- Star Thistle Sleeping Bear Farms
- Tupelo Smiley Apiaries
- White Sage Northern Brewer

Mead Statistics

Honey	OG	FG	Total Acidity
Basswood	1.122	1.028	6.o
Mesquite	1.122	1.026	6.o
Orange Blossom	1.126	1.028	6.o
Star Thistle	1.126	1.030	6.o
Tupelo	1.128	1.032	6.o
White Sage	1.126	1.030	6.0

Tasting Panel

- We had 15 people sit down and taste the 6 meads paying close attention to the aroma and flavor that the honey imparted.
- They were asked to use as many descriptive terms that they could to describe each of the meads.
- Notes added from attendees at National Homebrewers Conference.
- All Varietal Meads were too high in final acid.
 Matching honey to Mead was tasted beside each
 Mead and then added to the Mead to show the effect of how sweetening balances acid.

Color range of honeys



Orange Blossom Honey



- Floral Source: Orange tree blossoms.
- Location: California, Florida, Texas and Arizona.
- Color honey: light amber.
- **Color mead:** Light gold to amber.

Orange Blossom Honey Mead

Aroma:

- Orange Blossom honey aroma strong (12)
- Floral (9)
- Citrus (8)
- Fruity esters (3), vanilla (3) apple (2) pear (2)

Flavor:

- Orange Blossom flavor (9)
- Citrus (8)
- Floral (5)
- Fresh fruit (4), light pear (2) vanilla, creamy

Additional Aromas/Flavors From Conference:

• White grape, light almond in finish

Tupelo Honey



- Floral Source: White Tupelo trees.
- Location: South Georgia and Florida panhandle.
- Color honey: Light amber.
- Color mead: Golden.

Tupelo Honey Mead

Aroma:

- Apple (5)
- Fruity (4)
- floral (2), pear (2), vanilla (2), spicy (2)

Flavor:

- Apple cider (4)
- Peppery (4)
- Vanilla (3)
- Spicy (3)
- Minty (2), woody (2), white grape (2), cinnamon (2)

Additional Aromas/Flavors From Conference:

Earthy, butter, fresh marshmallow, caramel, oaked chardonnay

Basswood Honey



- **Floral Source:** Basswood (American linden) tree blossoms.
- Location: Southern Canada to Alabama and Texas.
- Color honey: Water white.
- Color mead: Straw.

Basswood Honey Mead

Aroma:

- Floral (5)
- Spicy (3)
- Earthy (3)
- Woody (3)
- Herbal (2), caramel (2), fruity (2)

Flavor:

- Herbal (3)
- Floral (3)
- Caramel (3)
- Minty, vanilla, citrus, pepper, woody, white wine, buttery(2)

Additional Aromas/Flavors From Conference:

Menthol, oregano, thyme, perfumy

White Sage Honey



- **Floral Source:** White sage blossoms.
- Location: California, Southwest US.
- **Color honey:** Water white to extra white.
- Color mead: Water white to straw.

White Sage Honey Mead

Aroma:

- Earthy (8)
- Floral (5)
- Peppery, spicy (4)
- Musty, herbal (3)

Flavor:

- Minty, Floral, menthol(6)
- Pepper (5)
- Herbal, musty, fruity (3)
- Vanilla, earthy, spicy (2)

Additional Aromas/Flavors From Conference:

Sauerkraut, light smoke, caramel

Star Thistle Honey



- Floral Source: Purple-Pink blossoms on Star Thistle herb.
- Location: US West, Midwest and Florida.
- **Color honey:** White to extra light amber, greenish.
- Color mead: Straw, greenish tones.

Star Thistle Honey Mead

Aroma:

- Floral, spicy (5)
- Vanilla (2)
- Grassy, herbal, buttery, caramel, earthy

Flavor:

- Floral (5)
- Cinnamon, woody (3)
- Piney, citrus, fruity, spicy, grape, vanilla (2)

Additional Aromas/Flavors From Conference:

• Dates, fig, woody, cinnamon, nutmeg, lavender, Nasturtium

Mesquite Honey



- Floral Source: Mesquite tree.
- Location: Southwestern US.
- **Color honey:** Water white to amber.
- Color mead: Straw to golden.

Mesquite Honey Mead

Aroma:

- Woody (8)
- Vanilla (4)
- Buttery, earthy (3)
- Floral, black pepper, spicy, mint (2)

Flavor:

- Woody (7)
- Vanilla (6)
- Peppery (4)
- White wine, fruity, caramel, herbal (3)

Additional Aromas/Flavors From Conference:

• Smokey, pipe tobacco, cinnamon, cheddar cheese